



## ACUPUNCTURE INFORMATION AND CONSENT FORM

### What is acupuncture?

Acupuncture is a form of therapy in which fine needles are inserted into specific points on the body.

### Is acupuncture safe?

Acupuncture is generally very safe. Serious side effects are very rare – less than 1 per 10,000 treatments.

### Does acupuncture have side effects?

You need to be aware that:

- Drowsiness occurs after treatment in a small number of patients, and if affected, you are advised not to drive
- Minor bleeding or bruising occurs after acupuncture in about 3% of treatments
- Pain during treatment occurs in about 1% of treatments
- Symptoms can get worse after treatment (less than 3% of patients). You should tell Dr. Davis about this, but it is usually a good sign.
- Fainting can occur in certain patients, especially at the first treatment.

In addition, if there are particular risks that apply in your case, Dr. Davis will discuss these with you.

### Is there anything Dr. Davis needs to know?

Apart from the usual medical history, it is important to let her know:

- if you have a pacemaker or any other electrical implants
- if you have ever experienced a fit, faint or funny turn
- if you have a bleeding disorder
- if you are taking anticoagulants or any other medication
- if you have damaged heart valves or have any other particular risk of infection
- if you are pregnant or possibly pregnant

**Only single use, sterile, disposable needles are used in the clinic.**

### Statement of Consent:

I confirm that I have read and understood the above information, and I consent to having acupuncture treatment. I understand that I can refuse treatment at any time.

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Signature

Print Name

Date